

Regroup. Refocus. Rejuvenate.

Retreat

27th - 29th March 2015

- ✓ **Do You Feel stuck, bored or uninspired in life?**
- ✓ **Do you feel trapped doing the same old, same old?**
- ✓ **Do you know deep down there's more to life?**
- ✓ **Do you find it hard to know how to make a change?**
- ✓ **Do you want to finally start living your ideal life?**

If you answered yes then this retreat is for you!

OVER 3 INSPIRING AND AMAZING DAYS YOU WILL:

- Identify things in life that are no longer serving you
- Identify how you hold back in life
- Learn to move in the direction that's right for you
- Feel clearer, calmer and more confident
- Feel more fulfilled, happier and at peace

RETREAT INCLUDES:

- 2 nights shared accommodation at Avrajita Retreat in the heart of beautiful Kangaroo Valley
- All nutritious meals cooked on-site
- All workshop, yoga and meditation sessions included.

INVESTMENT: \$1297 (quad share) or \$1497 (twin share)*
Early bird: **SAVE \$200** if paid in full by 2nd February 2015.

*Non-refundable deposit of \$500 is required to hold your place.
Full payment must be made by 2nd March 2015.

BOOKINGS: Call (02) 9518 0096 or email:
suzana@petrozziwellness.com.au
to receive a booking form.

The retreat will be chiefly facilitated by Suzi Petrozzi and a team of other experts.

THE RETREAT WILL BE FACILITATED BY SUZI PETROZZI AND HER TEAM OF EXPERTS.

Suzi Petrozzi is a coach, psychologist, mentor and a sought after speaker. She is a co-director at Petrozzi Wellness Centre, Sydney, Australia. Working as a clinical psychologist for over 12 years enabled Suzi to develop her own coaching practice with a focus on wellness and enhancing human potential. Her own dedication to personal development inspires her to keep growing and living a more purposeful and fulfilling life.

Her true passion is empowering women and men to reach their full potential and live a life of purpose and fulfilment. Whether it's stress, anxiety, grief, trauma or the need for new direction in life, Suzi has remarkable ability to connect with people and guide them through their journey.



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